Corporate Family Physician Programme (CFP)

**Software Development Industry is one of the growth engines of the world economy.
To propel this growth, software professionals are spending long hours to do stressful mental work sitting in front of a computer. Software industry has made the world flat which means employees are working day and night to coordinate with their colleagues across the globe. The nature of work and work schedules are putting the health of young software professionals in danger.**

Below table shows the health problems and their frequency as reported according to the latest survey report in India:

Problems	Percentage of total subjects Reported the problem	Average frequency of Occurrence
Eye Strain	86%	Once or twice a week
General Fatigue	66%	Almost everyday
Back Pain	73%	2 to 3 times a month
Headache	66%	Once or twice a week
Neck Pain	53%	Once or twice a week
Body ache	46%	Once a month
Stomach Problems	40%	2 to 3 times a month
Blood Pressure	30%	Once a month
Cholesterol	29%	
Diabetes	43%	

As the corporate sector is booming and out-performing the Indian market, the performance and output of a company really matters. As the output strongly depends on the health aspect of the employees, corporate are opting for "CORPORATE FAMILY PHYSICIAN(CFP)" concept.

As current corporate medical services are solely conservative in nature, the need for preventive medical services that improves the output, is increasing.

At this juncture, **Sanjeevini Wellness Institute of Naturopathy and Yoga (SWINY)** , a 20 year old NABH accredited AYUSH institute came with "CFP" concept to provide preventive and wellness health care services with qualified medical professionals and sophisticated treatment methods at your premises.

<u>Services provided at your premises:</u>

Programme Schedule: monthly one day   from 10AM to 5PM

Our treatments are covered by major insurance companies

- **Instant pain relieving treatments like Acupuncture, Acupressure, Aromatherapy etc,.**

- **Physiotherapy treatments to ease the joint ailments**
- **Personalized diet charts for immediate/ gradual weight loss, Diabetes, Asthma etc,.**
- **Spinal setting and disc aligning methods like osteopathy, chiropractice**
- **Yoga prescriptions and practice**
- **Meditation to control stress & tensions**
- **Cleansing methods to cure sinusitis, ulcers etc,.**
- **Prescriptions of home based drugless diets and treatments**

Sanjeevini Wellness Institute of Naturopathy and Yoga (SWINY)

6-26/1, Nazeeb Nagar Village, Moinabad, RR District, Hyderabad

Ph: 9000008033   email: swiny4u@gmail.com   website: www.swiny.net